



*Thank you for volunteering!*

## *Phelps Memorial Service League Medical Scholarships Craig Dannehl & Andrea Mumm*

Both Craig Dannehl and Andrea Mumm received \$500 scholarships from the Phelps Memorial Service League. The scholarships are awarded each spring to students who apply through the Phelps County Community Foundation, are pursuing a career in medicine in either a college or technical school, and who have

graduated from a Phelps County High School. The scholarships are chosen by committee and funded by the Service League. They are a direct result of each volunteer hour. For each 100 hours turned in by Service League members, the scholarship fund grows by \$5 from the Service League funds. Every hour counts!

Pictured at left: Craig Dannehl is the son of Mark and Sonya Dannehl and a 2005 graduate of Bertrand High School. He attends Concordia University - Nebraska and majors in Chemistry, Pre-Pharmacy and minors in math. Craig's career/future goals are to attend pharmacy school after graduating from Concordia in 2009. After completion of pharmacy school, he hopes to work as a hospital pharmacist.



Pictured at right: Andrea Mumm is a 2000 graduate of Bertrand High School. She is continuing her education at the University of Nebraska Medical Center where she is studying to become a Nurse Practitioner. Andrea's career/future goals are to obtain a master's degree in Women's Health and work as a Women's Health Nurse Practitioner promoting and advocating women's health care in Nebraska.



### **Volunteer Breakfast & Health Screen** Tuesday, October 28 7 a.m. PMHC Community Room

Those Service League members eligible for the health screen & breakfast include members who volunteer on a regular schedule at the hospital, committee chairmen, officers and board members of the League.

Please RSVP to Rhonda, 995-2856, to reserve your space for the annual Volunteer Breakfast and Health Screen. PMHC has mandatory health screens that will need to be done and you can also opt to receive a free flu shot, a cholesterol and lipid panel check up and more.



# PMHC Cookbook



The PMHC Cookbook will be for sale soon. Watch this newsletter for updates on the cookbook!

PMHC Service League

## BOOK SALE

Thursday, November 13

11:00 am - 7:00 pm

PMHC West Lobby

New items only, cards, crafts, toys, gifts, CDs, DVDs, and more!



**One day event!**  
Mark Your Calendars



**Book Sale**  
**Volunteers**  
**Help wanted**

Please call Helen Tagge, 995-6970, to volunteer for a 2 hour shift at the Book Sale.

11 am - 1 pm

1 pm - 3 pm

3 pm - 5 pm

5 pm - 7 pm

Thank you in advance for helping!

## Happy Birthdays!

### September:

3: Leona Belle Kipp

19: Sheryl McClymont

24: Gloria Erickson

27: Phyllis McClymont

### October:

4: Jacque Stroup

13: Sandra Samuelson,  
Rose Ann Messersmith

15: Lynn Embury,  
Sylvia Person

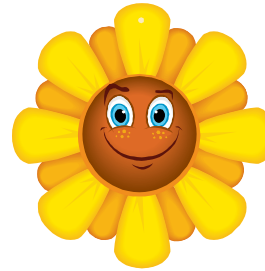
17: Marlis Allmand

19: Maxine Reed

21: Marietta Dreiling

28: Harriet Meyers

Lenore Kayton



### Powerful Quotes

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We are born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. As we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.

Nelson Mandela

## I'm HIPAA-Wise



Practicing Confidentiality takes all of us!  
You KNOW the HIPAA rules—  
Be sure you abide by them.