# ANKLE BRACHIAL INDEX TEST (ABI)



#### **APPOINTMENT:**

\_\_/\_\_/\_\_ @ \_\_\_:\_\_\_ am/pm Re-schedule/cancellations: 308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

#### What is an ABI examination?

An ABI exam measures the pressure in the legs.

## How long does the test take?

An average length of time would be 30 minutes.

## How is the test done?

Blood pressure cuffs are placed on both arms and ankles and pressure readings are obtained at rest. A hand held instrument will then be moved gently over the area.

### Preparation

There is no preparation needed for your exam.

### Results

A specialist will evaluate the test and prepare a report to be sent to your doctor. It may take several days to receive this report from your doctor.

Contact our Imaging Department with any questions:
308.995.2890
Thank you for choosing
Phelps Memorial Health Center