GASTROSCOPY



APPOINTMENT:

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____:__am/pm

Esophgogastroduodenoscopy

What is gastroscopy?

This diagnostic tool evaluates the upper gastrointestinal tract.

Preparing for the test

After midnight, do not eat, drink, or take any oral medications. Consult your doctor if you take heart medication, insulin, Ferrous Sulfate (iron), Coumadin, Lovenox, Plavix, Aggrenox and/or aspirin.

How is the procedure done?

This is an outpatient procedure. After checking in, the nurse will start an IV and you will get a sedative. A topical anesthetic is sprayed on the back of your throat.

The doctor will insert a flexible tube in your mouth, down the esophagus, stomach, and duodenum (the first portion of the small intestine, where many ulcers occur). Here, any abnormalities such as ulcers, gastris (inflammation of the lining of the stomach) or lesions can be seen.

The stomach is then filled with just enough air to permit a survey of its interior. Photos may be taken during the procedure. Your blood pressure, heart rate, and oxygen level will be monitored before, during and after the procedure. If needed, a small sample of tissue (biopsy) will be taken at that time.

What happens after the procedure?

The doctor will discuss the results and any treatment needed. You will be monitored until you have recovered from the sedation and have met all the discharge criteria.

If you have questions about the procedure, contact your physician or outpatient surgery at 995-2903.