MYELOGRAM



APPOINTMENT:

__/__/__ @ ___:___ am/pm Re-schedule/cancellations: 308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

What is a myelogram?

A myelogram is an x-ray used to examine the structure in the spinal canal or your back. It is useful in the diagnosis of back or neck problems. A radiologist will explain the procedure & perform the examination. The exam will be interpreted by a radiologist & the diagnosis will be given to your physician.

Patient Preparation

Medications: A thorough review of your medications will be conducted. It may be necessary to discontinue certain medications prior to the exam. This will be discussed with you at scheduling.

Anti-Coagulant/Blood Thinners: You will be asked to discontinue before your procedure. Please contact your physician.

Hydration: It is important that you consume at least I quart of water the night before your examination to help with the procedure.

NPO: Nothing by mouth at least 6 hours prior to exam. You may have clear liquids after midnight (broth, water, etc.)

Procedure

- · Check in at Admissions
- You will be taken to the Out-Patient surgery area to prepare for your test
- You will then be taken to Radiology where your test will be performed
- After the procedure you will return to Out-Patient surgery for observation up to 4 hours

ATTENTION: You are not allowed to drive immediately after completion of exam. Please bring someone to drive you home.

Contact our Imaging Department with any questions:

308.995.2890