



Russell Carlston, DPM // Zach Egger, DO // Danika Peterson, MD  
Michelle Hunter, APRN // Katie Luthy, PA-C

1315 Tibbals Street // Holdrege, NE 68949  
P: 308.995.6111 // Fax: 308.995.4868 // www.PhelpsMedicalGroup.net

**PATIENT MEDICAL HISTORY**

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**CHECK ANY THAT YOU ARE CURRENTLY BEING TREATED FOR OR HAVE HAD IN THE PAST:**

Heart Disease	Anemia or Other Blood Disease	Severe Headaches	Neck Pain
High Blood Pressure	Thyroid Disease	Seizures	Back Pain
High Cholesterol	Stomach Disease	Stroke	Sleep Apnea
Lung Disease	Kidney, Bladder, or Prostate Disease	Blood Clots	Other _____
Diabetes	Cancer (past/present)	Depression	

**ALLERGIES: (medications, food, latex and environmental)**

1. \_\_\_\_\_ Severity: \_\_\_\_\_ Reaction: \_\_\_\_\_
2. \_\_\_\_\_ Severity: \_\_\_\_\_ Reaction: \_\_\_\_\_
3. \_\_\_\_\_ Severity: \_\_\_\_\_ Reaction: \_\_\_\_\_

**CURRENT MEDICATIONS: (include non-prescription products)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

**PREFERRED PHARMACY:**

Pharmacy Name: \_\_\_\_\_ Location: \_\_\_\_\_

**PROCEDURES/SURGERIES:**

- Procedure/Surgery: \_\_\_\_\_ Approx. Date: \_\_\_\_\_
- Procedure/Surgery: \_\_\_\_\_ Approx. Date: \_\_\_\_\_
- Procedure/Surgery: \_\_\_\_\_ Approx. Date: \_\_\_\_\_
- Procedure/Surgery: \_\_\_\_\_ Approx. Date: \_\_\_\_\_

**PREVENTATIVE SCREENING:**

Colonoscopy: YES NO If YES, date: \_\_\_\_\_

Mammogram: YES NO If YES date: \_\_\_\_\_

**WOMEN'S HEALTH:**

When was your last menstrual cycle? Date: \_\_\_\_\_

**FAMILY HISTORY:**

Mother:	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Father:	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Sister:	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Brother:	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Grandmother(M):	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Grandfather(F):	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Grandmother(M):	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____
Grandfather(F):	High Blood Pressure	Diabetes	Cancer	Other (please specify) _____

**OTHER HEALTH ISSUES:**

Do you drink alcohol? YES NO Beer Wine Liquor \_\_\_\_\_ per week.

Do you smoke cigarettes? YES NO If YES, \_\_\_\_\_ per day, \_\_\_\_\_ years of use.

Do you use other forms of tobacco? YES NO Pipe Cigar Snuff/Chew

Do you use an e-cigarette? YES NO If YES, \_\_\_\_\_ per day, \_\_\_\_\_ years of use.

Marijuana/recreational drug use? YES NO If YES, \_\_\_\_\_ per day, \_\_\_\_\_ years of use.

**IMMUNIZATIONS:**

Influenza (18 years of age and older)? YES NO If YES, date: \_\_\_\_\_

Pneumococcal (65 years of age and older)? YES NO If YES, date: \_\_\_\_\_

Tetanus YES NO If YES, date: \_\_\_\_\_