

2016 Community Benefits Report

Phelps Memorial Foundation Funding // \$50,150

- Loomis Rural Fire District - \$3,900
- Bertrand Community School - \$5,000
- YMCA - \$26,750
- Bertrand Lions Club - \$10,000
- Phelps Country Red Cross - \$1,500
- Phelps County Development Corp - \$20,000
- Christian Charity Fund - \$1,500
- Phelps County Food Pantry - \$1,500

Non-Profit Organization Community Support, Donations and Community Education // \$122,500

- YMCA of the Prairie
- Youth Scholarships
- Holdrege Chamber of Commerce
- Teammates
- SAFE Center
- American Red Cross
- State Troopers Association
- Booster Clubs, Post-Proms, Yearbooks
- Safe Communities Coalition
- Republican Valley EMS
- Harlan County Dam Playhouse
- Local Youth Sports Sponsorships
- Holdrege Public Schools Foundation
- Crimestoppers
- Bertrand Community School
- Holdrege Public Library
- Phelps County Ag Society
- Relay for Life
- Make-a-Wish Foundation
- Feed My Starving Children
- Nebraska Kidney Association
- Bertrand Chamber of Commerce
- American Cancer Society

- Furnas County Ag Society
- Holdrege Senior Center
- Bertrand Lions Club
- Phelps County Red Cross
- Nebraska Prairie Museum
- Phelps County 4-H Foundation
- Family Advocacy Network
- Loomis Rural Fire District
- Holdrege Tennis Association
- Alma Public Schools
- Christian Charity Fund
- Phelps County Community Pantry
- Bertrand Fire and Rescue
- Phelps County 4H Auction

Charity Care & Financial Assistance //

\$718,329

- **Financial Assistance** - It is the policy of Phelps Memorial Health Center to provide financial assistance to qualifying patients with their outstanding bills for medically necessary and emergency care provided at the hospital.

Community Educational Events

- Self-Defense Training
- First Responder Training
- Bertrand High School CPR Training
- Pertussis Education
- Women's Heart Health
- Pandemic Flu Exercise Prep
- Diabetic Foot Tune Up

Hosted Groups at Phelps Memorial

- Phelps County Child Care Support Group
- TRIMRS Steering Committee
- Monthly Immunization Clinic
- Cancer Support Group
- Ministerial Association Meeting
- Teammates
- Family Advocacy Network
- Christian Homes CPR Classes
- Drug Take Back Event with Two Rivers

- Home Health Advisory Board

Maternal and Infant Health

- **Prenatal Classes** - The obstetrics nursing team offers Birth and Beginnings Education to expecting parents and their children. These classes entail breastfeeding awareness and education as well as what to expect when they come to the hospital to have their baby.
- **Pediatric Behavior Health Emergencies (Telehealth)**
- **BABS (Breastfeeding Group)**

Health and Wellness

- **Smoking Cessation Classes** - Our Respiratory Therapy Team visits local businesses to conduct off-site smoking cessation classes.
- **Team Phelps Health & Wellness Initiatives** - throughout the year, Phelps Memorial participated in multiple physical events that benefited the community through monetary support including the sponsorship of the 2016 Silver Run as well as the formation of a corporate team to participate in the race.
- **YMCA Corporate Membership** - Phelps Memorial pays a corporate membership so our employees have proper access to living a healthy and active lifestyle. In 2016, 163 of our team members participated actively at the YMCA. Together, we averaged 593 visits per month and accrued over 7,116 workout sessions.
- **Corporate Wellness Activities** - to encourage healthy eating habits for our employees, the My Wellness Journey team selects one team member every week to win a basket of fresh produce from our community Farmer's Market.
- **Employee Health Testing** - to ensure our employees remain as healthy as possible for the safety of our patients, every member of the team is required to get their flu shot or wear a mask during peak flu season!

Cancer

- Colorectal Cancer Screening -
- Early Detection and Support -
- Relay for Life -
- Screening, Prevention & Genetics -

Heart Health

- **Life-Sustaining Classes** - Courses offered at Phelps Memorial include BLS Healthcare Provider training, Heartsaver CPR/AED and Pediatric First Aid training, PALS and ACLS training.
- **STEMI Training** -
- **Cardiac Rehabilitation** -
- **Diabetes Education** -
- **EMS Training** - Acute Care of the Burn Patient
- **Cardiology Community Education** - Dr. Timothy Gardner, Bryan Heart physician, presented education to members of the community as well as employees of Team Phelps.

- **Heart Healthy Cooking Class** - our Cardiac Rehabilitation team provided their patients with education on healthy cooking habits by a certified nutritionist.

Healthcare Students

- Phelps Memorial hosted 128 healthcare students, including nursing, pharmacy, physician assistant, speech language pathology, medical, advance practice registered nursing, imaging, EMT and job shadow, in 2015.

Quality Healthcare Initiatives

- Lean Process Improvements -
- Health Science Education Complex -
- Infection Prevention -
- Key Quality Indicators -
- National Security Administration -
- No Pass Zone -

Youth Safety and Education

- Second Grade Tours -
- Junior Career Day -
- Summer Honors Program -
- Safe Communities Coalition –
- Planning Region Team Meeting EDN
- Sepsis in Children