



2024 Community Benefits Report

As a community supported, non-profit organization, Phelps Memorial Health Center reinvests its earnings after expenses back into the community. We provide care to the poor and underserved through our Financial Assistance program. Other community benefits include injury and illness prevention, early detection of disease and offering social aid. All year long, the Phelps Memorial Team reaches out to the community in a variety of ways to cultivate a healthy place to live and raise families. The Phelps Memorial Foundation grants funds to non-profit organizations to serve the health and safety needs of our community.

Phelps Memorial Foundation Funding // \$95,237

Holdrege Public Library - \$1,678
Axios - \$3,500
City of Holdrege - \$3,500
Loomis Rural Fire District - \$10,000
Iron Horse Arts District - \$10,000
Holdrege Memorial Homes - \$5,000
Legacy Christian School - \$3,000
Loomis Public School - \$1,750
Bertrand Village - \$3,000
Christian Homes Care Community - \$6,000
Phelps County Sheriff's Department - \$559
Phelps Co. Attorney's Office - \$3,000
South Central Area Recovery - \$6,000
Heartland Cancer Foundation - \$2,250
Young at Heart Senior Center - \$1,000
Backpack Blessings - \$1,000
Meals on Wheels - \$1,000
Christian Charity - \$1,000
Phelps Community Pantry - \$1,000
Phelps County Senior Center - \$1,000
Phelps County Development Corporation - \$30,000

Community Health Needs // \$46,140

Phelps Memorial Health Center ("PMHC" or the "Hospital") has performed a Community Health Needs Assessment to determine the health needs of the local community.

Data was gathered from multiple well-respected secondary sources to build an accurate picture of the current community and its health needs. A survey of a select group of Local Experts was performed to review the prior CHNA and provide feedback, and to ascertain whether the previously identified needs are still a priority. Additionally, the group reviewed the data gathered from the secondary sources and determined the Significant Health Needs for the community.

Assessment Top Needs (2022-2025)

- **Mental Health**
- **Women's Health**
- **Affordability**
- **Chronic Disease (Cancer, Heart Disease, Obesity, Diabetes)**

Cancer

Cancer Survivors Celebration
Relay for Life
American Cancer Society
Early Detection and Support
Screening, Prevention & Genetics

Heart Disease

Go Red For Women
AED Grant Funding and Support
Cardiac Rehabilitation
Life Sustaining Classes (BLS Healthcare Provider, Heart Saver, CPR/AED, Pediatric)

Mental Health

South Central Area Recovery
Out of the Darkness Walk
Cultivating Kindness Event
Survivors of Suicide Event

Accessibility/Affordability of Healthcare Services

Backpack Blessings
Holdrege Optimist Club
Phelps Community Pantry
S.A.F.E. Center
Toys for Tots

Diabetes

Nebraska Kidney Association
Nebraska Kidney Association Walk
Simple Solutions
Grocery Store Tours
Diabetes Education
Applefest
Healthy Kids Day

Obesity & Physical Activity

Don Sjogren Community YMCA
Cheer & Dance Clinic
Alzheimer's Association Walk
Silver Run
Nebraska Kidney Association Walk
Holdrege Optimist Club

Women's Health

Positively Pink

Other Local Non-profits

Youth Scholarships
Teammates
State Troopers Association
Phelps County Community Foundation
Post-Proms, Yearbooks
Safe Communities Coalition
Make-a-Wish Foundation
Bertrand Chamber of Commerce
Phelps County Community Pantry
Phelps County 4-H Auction
Loomis Community Club
Phelps County Emergency Management
Ministerial Association
Fundraisers for County residents
Crime Stoppers
Holdrege Police Department
Holdrege Veteran's Memorial Project

Charity Care & Financial Assistance // \$466,227

Financial Assistance - It is the policy of Phelps Memorial Health Center to provide financial assistance to qualifying patients with their outstanding bills for medically necessary and emergency care provided at the hospital.

Community Building Activities // \$266,059

We were happy to offer the following educational events:

- First Responder Training
- Bertrand High School CPR Training
- Purses for a Purpose
- Mass Casualty Disaster Training
- Career Fairs for Area Youth
- Sponsorship of health educational messaging on tv and radio outlets.

Hosted Groups at Phelps Memorial

We were happy to offer space for the following:

- Simple Solutions
- CPR Classes
- Blood Drives with American Red Cross
- Ministerial Association

Maternal and Infant Health

Prenatal Classes (BABE) - The obstetrics nursing team offers Birth and Beginnings Education to expecting parents and their children. These classes entail breastfeeding awareness and education as well as what to expect when they come to the hospital to have their baby.

Health and Wellness

Team Phelps Health & Wellness Initiatives - throughout the year, Phelps Memorial participated in multiple physical events that benefited the community through monetary support including the sponsorship of the 2024 Silver Run.

YMCA Corporate Membership - Phelps Memorial pays a corporate membership so our employees have proper access to living a healthy and active lifestyle. In 2024, 150 of our team members actively participated at the YMCA.

Employee Health Testing - to ensure our employees remain as healthy as possible for the safety of our patients, every member of the team is required to get their flu shot or wear a mask during peak flu season! COVID vaccines were also made available to employees wishing to receive them.

Heart Health

- Life-Sustaining Classes - Courses offered at Phelps Memorial include BLS Healthcare Provider training, Heartsaver CPR/AED and Pediatric First Aid training, PALS and ACLS training.
- Cardiac Rehabilitation
- EMS Training

Healthcare Students

- Phelps Memorial hosted 140 healthcare students, including nursing, pharmacy, physician assistant, speech language pathology, medical, advance practice registered nursing, imaging, EMT and job shadow, in 2024.

Quality Healthcare Initiatives

- Lean Process Improvements
- Infection Prevention
- Key Quality Indicators

Youth Safety and Education

- Safe Communities Coalition
- Planning Region Team Meeting EDN