



2025 Community Benefits Report



As a community supported, non-profit organization, Phelps Memorial Health Center reinvests its earnings after expenses back into the community. We provide care to the poor and underserved through our Financial Assistance program. Other community benefits include injury and illness prevention, early detection of disease and offering social aid. All year long, the Phelps Memorial Team reaches out to the community in a variety of ways to cultivate a healthy place to live and raise families. The Phelps Memorial Foundation grants funds to non-profit organizations to serve the health and safety needs of our community.

Phelps Memorial Foundation Funding // \$323,924

- Phelps County Emergency Management (Mobile Radios) \$10,000
- South Central Economic Development (Childcare Development Training) \$10,472
- Iron Horse Arts District, Inc. (Community Projects) \$10,000
- Don Sjogren YMCA (Kids Café Summer Lunch Program) \$5,000
- Holdrege Public Schools (AEDs) \$2,716
- South Central Area Recovery (Substance Abuse Services) \$6,000
- Phelps County Ag Society (Fire Safety System) \$45,000
- Phelps County Ag Society (AED) \$1,750
- Phelps County 4 H Council Phelps County Extension (AED) \$1,750
- Holdrege Legion Baseball (Bleacher Handrails) \$1,236
- University of Nebraska at Kearney \$100,000
 - 5 year pledge of \$20,000 a year
- Phelps County Development Corporation (PCDC) \$30,000
- Central Community College Foundation (Workforce Development Support) \$100,000

Community Health Needs // \$121,954

Phelps Memorial Health Center (“PMHC” or the “Hospital”) has performed a Community Health Needs Assessment to determine the health needs of the local community.

Data was gathered from multiple well-respected secondary sources to build an accurate picture of the current community and its health needs. A survey of a select group of Local Experts was performed to review the prior CHNA and provide feedback, and to ascertain whether the previously identified needs are still a priority. Additionally, the group reviewed the data gathered from the secondary sources and determined the Significant Health Needs for the community.

Assessment Top Needs (2026-2028)

- Cancer
- Healthcare Affordability
- Mental Health
- Heart Disease
- Access to Childcare
- Affordable Housing
- Diabetes
- Stroke
- Employment and Income
- Healthcare: Type of Services

Cancer

Cancer Survivors Celebration
Relay for Life
American Cancer Society
Early Detection and Support
Screening, Prevention & Genetics

Heart Disease

Go Red For Women
AED Grant Funding and Support
Community Blood Pressure Checks
Cardiac Rehabilitation
Life Sustaining Classes (BLS Healthcare Provider, Heart Saver, CPR/AED, Pediatric)
Heart Healthy Community Education

Mental Health

South Central Area Recovery
Out of the Darkness Walk
Cultivating Kindness Event
Survivors of Suicide Loss Event

Accessibility/Affordability of Healthcare Services

Backpack Blessings
Phelps Community Pantry
S.A.F.E. Center
Toys for Tots

Diabetes

Simple Solutions
T1D Breakthrough Walk
Diabetes Education
Applefest
Community Education to Youth

Obesity & Physical Activity

Don Sjogren Community YMCA
Alzheimer's Association Walk
Silver Run
Holdrege Optimist Club

Women's Health

Positively Pink Event

Other Local Non-profits

Youth Scholarships
Teammates
State Troopers Association
Phelps County Community Foundation
Area Schools: Post-Proms, Yearbooks
Safe Communities Coalition
Make-a-Wish Foundation
Bertrand Chamber of Commerce
Phelps County Community Pantry
Phelps County Ag Society
Loomis Community Club
Phelps County Emergency Management
Ministerial Association
Crime Stoppers
Holdrege Police Department
Holdrege Veteran's Memorial Project
American Red Cross
Holdrege Public Library
Holdrege Area Chamber of Commerce

Charity Care & Financial Assistance // \$595,672

Financial Assistance - It is the policy of Phelps Memorial Health Center to provide financial assistance to qualifying patients with their outstanding bills for medically necessary and emergency care provided at the hospital.

Community Building Activities // \$768,700

We were happy to offer the following educational events:

- First Responder Training
- Bertrand High School CPR Training
- Purses for a Purpose
- Mass Casualty Disaster Training
- Career Fairs for Area Youth
- Sponsorship of health educational messaging on tv and radio outlets.

Hosted Groups/Meetings at Phelps Memorial

We were happy to offer space for the following:

- Simple Solutions
- CPR Classes
- Blood Drives with American Red Cross
- Ministerial Association

Maternal and Infant Health

Childbirth Education Classes - This class is designed to help new moms and dads prepare and care for their baby. This class is designed specifically to prepare you and your partner/support person for the childbirth experience. You will learn everything you need to know before, during, and after you give birth to your precious baby. Topics include the basics of pregnancy through labor and delivery, as well as postpartum, medical interventions, such as epidurals, and C-Sections, various techniques of relaxation. Everything needed to prepare for baby will also be covered in this class including diapering, bathing, feeding techniques, skin care, jaundice, infant attachment and bonding, sleep, calming techniques, keeping your baby safe, and how to help understand your baby's needs.

Health and Wellness

Team Phelps Health & Wellness Initiatives - throughout the year, Phelps Memorial participated in multiple physical events that benefited the community through monetary support including the sponsorship of the 2025 Silver Run.

YMCA Corporate Membership - Phelps Memorial pays a corporate membership so our employees have proper access to living a healthy and active lifestyle. In 2025, 127 of our team members actively participated at the YMCA.

Employee Health Testing - to ensure our employees remain as healthy as possible for the safety of our patients, every member of the team is required to get their flu shot or wear a mask during peak flu season. COVID vaccines were also made available to employees wishing to receive them.

Heart Health

- Life-Sustaining Classes - Courses offered at Phelps Memorial include BLS Healthcare Provider training, Heartsaver CPR/AED and Pediatric First Aid training, PALS and ACLS training.
- Cardiac Rehabilitation
- EMS Training

Healthcare Students

- Phelps Memorial hosted 141 healthcare students, including nursing, pharmacy, physician assistant, speech language pathology, medical, advance practice registered nursing, imaging, EMT and job shadow, in 2025.

Quality Healthcare Initiatives

- Lean Process Improvements
- Infection Prevention
- Key Quality Indicators

Youth Safety and Education

- Safe Communities Coalition
- Planning Region 3 Team Meeting EDN