

BARIUM ENEMA



APPOINTMENT:

___/___/___ @ ___:___ am/pm

Re-schedule/cancellations:

308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

What is a barium enema?

A series of images of your colon. This test may make you feel crampy or like you need to go to the bathroom.

Who will do the test?

An x-ray technologist and a Physician's Assistant.

How is the test done?

This test is a regular enema with a special liquid that can be seen on x-ray. While the bowel is filling and full, x-rays are taken. Before your exam you will be asked to remove your clothing and put on a hospital gown. After your exam is completed, it is important that you drink plenty of liquids the remainder of the day. This will help get rid of the rest of the barium solution. Your stools may appear white and chalky for 24-72 hours after the test. The exam averages 45-60 minutes.

Results

A radiologist evaluates the test and prepares a report for your doctor. It may be several days before you hear from your doctor.

Preparation for a Barium Enema

Two Days Before: eat or drink only clear liquids like Jell-o, tea, apple juice, and broth. NO milk or milk products are allowed.

1 Day Before at 2p: drink the entire amount of the liquid laxative (Mag Citrate) that your physician has prescribed.

1 Day Before at 6p: take the Dulcolax tablets (per your doctor's instructions) with one full glass or more of water. Do not take within an hour of an antacid.

**DO NOT CRUSH OR CHEW TABLETS -
SWALLOW THEM WHOLE.**

CARE YOU DESERVE. EXPERTS YOU TRUST.