



NATIONAL  
**COLORECTAL**  
cancer awareness  
MONTH

**Preventable, Treatable, Beatable**

# Get your Free Colorectal Cancer Screening Kit

## *It's Simple & It Save Lives*

Often, there are no symptoms of colon cancer. That is why it is so important to get screened and know the warning signs. This home screening test checks for hidden blood in the stool—a potential sign of colorectal cancer. To request your free kit, return the form below or call Phelps Memorial Health Center, 308-995-2211.

### Order your FREE Colorectal Cancer Screening Kit Today!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Sex:  M  F

Your results will be sent to you at the address provided above. In addition, the results from your screening test will be sent to your health care provider if the following information is provided. *\* Please note, it is your responsibility to contact your physician/medical provider for follow-up.*

Physician/Medical Provider Name: \_\_\_\_\_

Office Name/Town: \_\_\_\_\_

### Complete & Return:

Phelps Memorial Health Center  
Colorectal Cancer Screening  
1215 Tibbals St.  
Holdrege, NE 68949



### Home Screening Test

Your fecal occult blood test kit includes detailed, easy to use instruction. Once completed in the privacy of your own home, return your kits in the provided envelope. You and the provider listed will receive your results by mail.

If you have a history of colon cancer in your family, talk with your doctor about earlier and more frequent screening. Screening options include: home screening test every year, a flexible sigmoidoscopy is recommended every 5 years and a colonoscopy every 10 years. A colonoscopy is still the most effective way to detect colon cancer.

**FREE KITS may be requested Jan. 15-Feb.1**

**Results will be mailed to you in March, National Colorectal Cancer Awareness Month**