



2023 Community Benefits Report



As a community supported, non-profit organization, Phelps Memorial Health Center reinvests its earnings after expenses back into the community. We provide care to the poor and underserved through our Financial Assistance program. Other community benefits include injury and illness prevention, early detection of disease and offering social aid. All year long, the Phelps Memorial Team reaches out to the community in a variety of ways to cultivate a healthy place to live and raise families. The Phelps Memorial Foundation grants funds to non-profit organizations to serve the health and safety needs of our community.

Phelps Memorial Foundation Funding // \$105,000

Beaver City Volunteer EMS Ambulance - \$5,600
Bertrand Aquatic Center - \$1,000
Bertrand Volunteer Fire Department - \$7,076
CASA - \$2,005
City of Holdrege - \$3,500
Holdrege Police Department - \$3,750
Holdrege Volunteer Fire Department - \$1,050
Holdrege Legion Baseball Program - \$1,630
Legacy Christian School - \$3,500
Loomis Public Schools - \$5,000
Loomis Baseball Program - \$1,468
Midtown Sculpture Garden - \$5,000
Phelps County Development Corporation - \$30,000
Phelps County Emergency Management - \$6,969
South Central Economic Development - \$7,450
Wilcox Volunteer Fire Department - \$15,000
YMCA Summer Lunch Program - \$5,000

Community Health Needs // \$92,085

Phelps Memorial Health Center ("PMHC" or the "Hospital") has performed a Community Health Needs Assessment to determine the health needs of the local community.

Data was gathered from multiple well-respected secondary sources to build an accurate picture of the current community and its health needs. A survey of a select group of Local Experts was performed to review the prior CHNA and provide feedback, and to ascertain whether the previously identified needs are still a priority. Additionally, the group reviewed the data gathered from the secondary sources and determined the Significant Health Needs for the community.

Assessment Top 4 (2023-2025)

Mental Health

Affordability

Chronic Disease: Cancer, Obesity, Heart Disease, Diabetes

Women's Health

Heart Disease

Go Red For Women

Life Sustaining Classes (BLS Healthcare Provider, Heart Saver, CPR/AED, Pediatric)

First Aid, PALS, and ACLS Training

Cardiac Rehabilitation

Cardiology Community Education

Don Sjogren Community YMCA

Bertrand Volunteer Fire Department

Holdrege Fire/Rescue Department

Holdrege Rural Fire Department

Phelps County Red Cross

Mental Health

South Central Area Recovery

Accessibility/Affordability

Immunization Clinic Host
Backpack Blessings
Holdrege Optimist Club
Phelps Community Pantry
S.A.F.E. Center
Toys for Tots

Alzheimer's

Alzheimer's Association
Holdrege Memorial Homes
Christian Homes
Phelps County Senior Center
S.A.F.E. Center
Toys for Tots

Diabetes

Nebraska Kidney Association
Nebraska Kidney Association Walk
Simple Solutions
Diabetes Education
Applefest

Physical Activity & Obesity/Overweight

Don Sjogren Community YMCA
Cheer & Dance Clinic
Alzheimer's Association Walk
Silver Run
Nebraska Kidney Association Walk
Holdrege Optimist Club

Other Local Non-profits

Youth Scholarships
Teammates
State Troopers Association
Phelps County Community Foundation
Post-Proms, Yearbooks
Safe Communities Coalition

Make-a-Wish Foundation
Bertrand Chamber of Commerce
Phelps County Community Pantry
Phelps County 4-H Auction
Loomis Community Club
Phelps County Emergency Management
Ministerial Association
Fundraisers for County residents
Crime Stoppers
Holdrege Police Department
Holdrege Veteran's Memorial Project

Charity Care & Financial Assistance // \$435,901

Financial Assistance - It is the policy of Phelps Memorial Health Center to provide financial assistance to qualifying patients with their outstanding bills for medically necessary and emergency care provided at the hospital.

Community Educational Events

We were happy to offer the following educational events:

First Responder Training
Cancer Prevention
Diabetes Health
Stroke Prevention
Bertrand High School CPR Training
Career Fairs for Area Youth

Hosted Groups at Phelps Memorial

We were happy to offer space for the following:

Simple Solutions
CPR Classes
Ministerial Association

Maternal and Infant Health

Prenatal Classes (BABE) - The obstetrics nursing team offers Birth and Beginnings Education to expecting parents and their children. These classes entail breastfeeding awareness and education as well as what to expect when they come to the hospital to have their baby.

Health and Wellness

Team Phelps Health & Wellness Initiatives - throughout the year, Phelps Memorial participated in multiple physical events that benefited the community through monetary support including the sponsorship of the 2023 Silver Run.

YMCA Corporate Membership - Phelps Memorial pays a corporate membership so our employees have proper access to living a healthy and active lifestyle. In 2023, 222 of our team members actively participated at the YMCA.

Employee Health Testing - to ensure our employees remain as healthy as possible for the safety of our patients, every member of the team is required to get their flu shot or wear a mask during peak flu season! COVID vaccines were also made available to employees wishing to receive them.

Heart Health

Life-Sustaining Classes - Courses offered at Phelps Memorial include BLS Healthcare Provider training, Heartsaver CPR/AED and Pediatric First Aid training, PALS and ACLS training.

Cardiac Rehabilitation

EMS Training

Healthcare Students

Phelps Memorial hosted 151 healthcare students, including nursing, pharmacy, physician assistant, speech language pathology, medical, advance practice registered nursing, imaging, EMT and job shadow, in 2021.

Quality Healthcare Initiatives

Lean Process Improvements

Infection Prevention

Key Quality Indicators

Youth Safety and Education

Safe Communities Coalition

Planning Region Team Meeting EDN