

EPIDURAL STEROID INJECTIONS



APPOINTMENT:

____/____/____ @

____:____ am/pm

Please arrive at the hospital 15 minutes prior to your appointment to check in.

What are epidural steroid injections?

An intervention involving the injection of anti-inflammatory medication to help relieve pain and numbness of the back and legs.

How long will the procedure take?

The procedure itself will take about 10 minutes, with 30 minutes following the procedure for monitoring. You should plan to spend 1 1/2 hours for your initial visit to allow time for discussion & questions. Subsequent visits & procedures will only take 30-45 minutes.

Preparation for the procedure:

* You may eat your meals & take your medications as you normally would, except for these medications listed below:

Plavix: Must be discontinued for 7 days prior to the procedure.

Last dose on _____. (procedure on day 8)

Coumadin: Must be discontinued for 4 days prior to procedure.

Last dose on _____. (procedure on day 5)

Ticlid: Must be discontinued for 14 days prior to procedure.

Last dose on _____. (procedure on day 15)

Lovenox: Must be discontinued for at least 24 hours prior to procedure.

Aggrenox: Must be discontinued for 7 days prior to procedure.

Last dose on _____. (procedure on day 8)

* Make sure to check with your physician about stopping these medications!

* No driving for 4 hours following the procedure. Please arrange a ride home.

CARE YOU DESERVE. EXPERTS YOU TRUST.