

# I-123 THYROID UPTAKE & SCAN

APPOINTMENT:



\_\_\_/\_\_\_/\_\_\_ @ \_\_\_:\_\_\_ am/pm  
Re-schedule/cancellations:  
308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

## What is I-123 Thyroid Uptake?

This procedure is used to determine thyroid anatomy and function.

## Patient Preparation

- NOTHING TO EAT OR DRINK** for day 1 - until 2 hours after you have swallowed the pill.
- NO BREASTFEEDING OR PREGNANT WOMEN**
- NO THYROID MEDICATIONS** for 4 weeks prior to scan
- NO CONTRAST EXAMS** for 4 weeks prior to scan

## Procedure

- Abdomen exams** - Do not eat or drink for 6 hours before the exam.
- All other MRI exams** - No preparation. Please wear comfortable clothing without metal. Hospital gowns are available.

## Safety Screening

The MRI technologist will ask you questions regarding your past medical history and previous surgeries.

## How will I get the results?

A radiologist will evaluate the test and prepare a report to be sent to your doctor. It may take several days to receive this report from your doctor.

Contact our Imaging Department  
with any questions:

**308.995.2890**

Thank you for choosing  
Phelps Memorial Health Center

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