

MAMMOGRAPHY



Your appointment:

____/____/____ at

____:____ am/pm

Please arrive 10-15 minutes prior to your scheduled time and check in with Admissions.

Welcome to Imaging

1215 Tibbals Street, Holdrege
Reschedule/Cancellations - 308.995.3305
Imaging Department - 308.995.2890

What is a Mammogram?

A mammogram is a specialized X-ray examination of the breast.

Scheduling Your Appointment

Your physician must recommend the procedure and schedule your appointment. It is recommended that you have a routine physical examination, with your physician, prior to your mammography appointment.

Exam Preparation:

1. Do not use talcum powder or underarm deodorants the day of your appointment.
2. You will be asked to disrobe from the waist up and put on the gown provided for you.

What Should I Expect?

A female technologist, specially trained in mammography will perform your exam. She will explain the exam and ask you questions. A least 2 views of each breast will be taken. The breast will be compressed. Compression is necessary. It should be firm and a little uncomfortable, but should not be painful. The entire exam takes approximately 30 minutes.

When Will I Get Results?

A radiologist will evaluate the test and prepare a report to be sent to your doctor. It may take several days to receive this report from your doctor.

CARE YOU DESERVE. EXPERTS YOU TRUST.