

NUCLEAR MEDICINE GENERAL



APPOINTMENT:

___/___/___ @ ___:___ am/pm

Re-schedule/cancellations:

308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

Nuclear medicine exams use small amounts of radioactive materials that are detected by a special camera to produce images. These materials, which are administered by IV or orally, expose patients to minimal radiation...no more than they would receive from a diagnostic x-ray.

Most nuclear medicine exams require simple preparation. Your physician will inform you of these requirements in advance of your exam.

___ **Cardiolite Pharmaceutical/Treadmill Stress**

Test: Nothing to eat or drink after midnight on the day of your exam. No nicotine or caffeine 24 hours prior to your exam. Check with your physician regarding holding medications. Exam can last 2-3 hours.

___ **Hepatobiliary (HIDA) Scan:** Nothing to eat or drink after midnight the day of your exam.

___ **Gastric Emptying Scan:** Nothing to eat or drink for 4-6 hours before your exam.

___ **Bone Scan:** No prep. You will be asked to drink lots of water after your injection.

___ **Lung Scan:** No prep.

Contact our Imaging Department
with any questions:

308.995.2890

Thank you for choosing
Phelps Memorial Health Center

CARE YOU DESERVE. EXPERTS YOU TRUST.