

ULTRASOUND EXAMINATION



APPOINTMENT:

___/___/___ @ ___:___ am/pm

Re-schedule/cancellations:

308.995.3305

Please arrive at the hospital 15 minutes prior to your appointment to check in.

What is an ultrasound examination?

Ultrasound uses sound waves to make an image. It is safe & painless.

How long does the test take?

An average length of time is 30 minutes to 1 hour.

How is the test done?

The patient lies on an examining table. Only the skin over the area to be studied will be exposed. A clear gel will be applied to the exposed skin. A hand held instrument is then moved gently over the area.

When will I know the results?

A radiologist will evaluate the results & prepare a report to be sent to your doctor. It may take several days to receive this report from your doctor.

How to prepare

Preparation varies with the body area to be studied.

- ___ Pelvis & pregnancy exams: no diet restrictions. Bladder must be extremely full at time of exam.
- ___ Abdomen, Aorta: do not eat or drink after mid-night.
- ___ Breast, thyroid, testicles: no prep.
- ___ Kidney: DO drink at least 8 ounces of water 1 hour prior to exam. DO NOT eat after midnight.

Contact our Imaging Department
with any questions:

308.995.2890

Thank you for choosing
Phelps Memorial Health Center

CARE YOU DESERVE. EXPERTS YOU TRUST.